

Physical & Health Education - Year Three (MYP Year 3 and 2nd Semester of Year 2)

AL	Physical & Health Ed: Criterion A: Knowing and Understanding
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> i. Recalls physical health education factual, procedural conceptual knowledge ii. Identifies physical and health education knowledge to outline issues and suggest solutions to problems set in familiar situations iii. Applies physical and health terminology to communicate understanding with limited success
3 - 4	<ul style="list-style-type: none"> i. States physical health education factual, procedural and conceptual knowledge ii. Identifies physical and health education knowledge to describe issues and solve problems set in familiar situations iii. Applies physical and health terminology to communicate understanding
5 - 6	<ul style="list-style-type: none"> i. Outlines physical health education factual, procedural and conceptual knowledge ii. Applies physical and health education knowledge to describe issues to solve problems set in familiar situations and suggest solutions to problems set in unfamiliar situations iii. Applies physical and health terminology consistently to communicate understanding
7 - 8	<ul style="list-style-type: none"> i. Describes physical health and education factual, procedural and conceptual knowledge ii. Applies physical and health education knowledge to explain issues to solve problems set in familiar and unfamiliar situations iii. Applies physical and health terminology consistently and effectively to communicate understanding

AL	Physical & Health Ed: Criterion B Planning for Performance
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> i. Outlines a plan for improving health and or physical activity ii. States the effectiveness of a plan based on the outcome
3 - 4	<ul style="list-style-type: none"> i. Constructs and outlines a plan for improving health or physical performance and health ii. Outlines the effectiveness of a plan based on the outcome
5 - 6	<ul style="list-style-type: none"> i. Constructs and explain a plan for improving health and physical performance ii. describes the effectiveness of a plan based on the outcome
7 - 8	<ul style="list-style-type: none"> i. Designs and explains a plan for improving health and physical performance ii. Explains the effectiveness of a plan based on the outcome

Physical & Health Education - Year Three (MYP Year 3 and 2nd Semester of Year 2)

AL	Physical & Health Ed: Criterion C: Applying and Performing
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> i. Recalls and applies skills and techniques with limited success ii. Recalls and applies strategies and movement concepts with limited success iii. Recalls and Applies information to perform
3 - 4	<ul style="list-style-type: none"> i. Demonstrates and applies skills and techniques ii. Demonstrates and applies strategies and movement concepts with limited success iii. Identifies and applies information to perform
5 - 6	<ul style="list-style-type: none"> i. Demonstrates and applies skills and techniques ii. Demonstrates and applies strategies and movement concepts iii. Identifies and applies information to perform effectively
7 - 8	<ul style="list-style-type: none"> i. Demonstrates and applies a range of skills and techniques ii. Demonstrates and applies a range of strategies and movement concepts iii. Outlines and applies information to perform effectively

AL	Physical & Health Ed: Criterion D: Reflecting and improving performance
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> i. Identifies strategies that enhance interpersonal skills ii. Lists goals to enhance performance iii. Summarizes performance
3 - 4	<ul style="list-style-type: none"> i. Identifies and demonstrates strategies that enhance interpersonal skills ii. Identifies goals to enhance performance iii. Outlines and summarizes performances
5 - 6	<ul style="list-style-type: none"> i. Outlines and demonstrates strategies that enhance interpersonal skills ii. Identifies goals and applies strategies to enhance performance iii. Explains and evaluates performance
7 - 8	<ul style="list-style-type: none"> i. Describes and demonstrates strategies that enhance interpersonal skills ii. Outlines goals and applies strategies to enhance performance iii. Explain and evaluate performance