

Physical & Health Education - Year One (MYP Year 1 and 1st Semester of Year 2)

AL	Physical & Health Ed: Criterion A: Knowing and Understanding
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> i. Recalls some physical health education factual, procedural conceptual knowledge ii. Identifies physical and health education knowledge to outline issues iii. Recalls physical and health terminology
3 - 4	<ul style="list-style-type: none"> i. Recalls physical health education factual, procedural and conceptual knowledge ii. Identifies physical and health education knowledge to outline issues and suggest solutions to problems set in familiar situations iii. Applies physical and health terminology to communicate understanding with limited success
5 - 6	<ul style="list-style-type: none"> i. States physical health education factual, procedural and conceptual knowledge ii. Identifies physical and health education knowledge to outline issues and solve problems set in familiar situations iii. Applies physical and health terminology to communicate understanding
7 - 8	<ul style="list-style-type: none"> i. Outlines physical health and education factual, procedural and conceptual knowledge ii. Identifies physical and health education knowledge to describe issues and solve problems set in familiar and unfamiliar situations iii. Applies physical and health terminology consistently to communicate understanding

AL	Physical & Health Ed: Criterion B Planning for Performance
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> i. States plans for improving health and or physical activity ii. States the effectiveness of a plan
3 - 4	<ul style="list-style-type: none"> i. Outlines a basic plan for improving health or physical activity ii. States the effectiveness of a plan based on the outcome
5 - 6	<ul style="list-style-type: none"> i. Outlines a plan for improving health or physical activity ii. Identifies the effectiveness of a plan based on the outcome
7 - 8	<ul style="list-style-type: none"> i. Constructs and outlines a plan for improving health or physical activity ii. Describe the effectiveness of a plan based on the outcome

AL	Physical & Health Ed: Criterion C: Applying and Performing
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> i. Recalls some skills and techniques ii. Recalls some strategies and movement concepts iii. Applies information to perform with limited success
3 - 4	<ul style="list-style-type: none"> i. Recalls skills and techniques ii. Recalls strategies and movement concepts iii. Applies information to perform
5 - 6	<ul style="list-style-type: none"> i. Recalls and applies skills and techniques ii. Recalls and applies a range of strategies and movement concepts iii. Applies information to perform effectively
7 - 8	<ul style="list-style-type: none"> i. Recalls and applies a range of skills and techniques ii. Recalls and applies a range of strategies and movement concepts iii. Recalls and applies information to perform effectively

AL	Physical & Health Ed: Criterion D: Reflecting and improving performance
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> i. States a strategy to enhance interpersonal skills ii. States a goal to enhance performance iii. Describes performance
3 - 4	<ul style="list-style-type: none"> i. Lists strategies to enhance interpersonal skills ii. State a goal and applies strategies to enhance performance iii. Summarizes performances
5 - 6	<ul style="list-style-type: none"> i. identifies strategies to enhance interpersonal skills ii. Lists goals and applies strategies to enhance performance iii. Outlines and summarizes performances
7 - 8	<ul style="list-style-type: none"> i. Identifies and demonstrates strategies to enhance interpersonal skills ii. Identifies goals and applies strategies to enhance performance iii. Describes and summarizes performance

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