

# Student Services Polk County Resource Guide

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## **ABUSE**

ADAPT- Abolish Domestic Violence Alternatives and Prevention	534-4698
Children's Home Society	
• Bartow (CPT & CAC)	519-3906
• Lakeland	413-3126
Department of Children and Families	619-4201
• Bartow	534-7100
• Lakeland	619-4201
Devereux Florida	
• Independent Living Program	298-5601
• Investigations & Protective Services	298-4400
• Therapeutic Foster Care	298-5601
Florida Abuse Hotline	1 800 962-2879
Guardian Ad Litem Program	534-4605
Gulf Coast Community Care	904-3000
Heartland for Children	519-8900
Kids Hope United	701-7444
Peace River Domestic Violence Shelter	413-2700
Peace River Rape Crisis	413 2707

## **ADOPTION**

Catholic Charities of Central Florida	
• Lakeland	686 7153
• Winter Haven	299-7983
Catholic Social Services Family Help	686-1651
Children's Home Society	413-3126
Florida Adoption Info Center	1 800 962 3678
Florida Baptist Children's Home	688-4981
Florida Department of Children and Families	
• Bartow	534-7050
• Lakeland	413-2186
National Adoption Center for Special Needs	1 800 862-3678

## **ALCOHOL/SUBSTANCE ABUSE**

### Education/Outpatient

ACTS	428-1520
Al-Anon Family Groups	687-3800
Alcoholics Anonymous	687-9275
• Baycare at Lakeland	859-9104
Central Florida Human Services	682-8211
Drug Court	
• Adult	534-4612
• Juvenile	534-4612
Drug Helpline	1 800 662-4357
Drug Prevention Resource Center	802-0777
Lakeland Centers	687-9900

Lakeland Regional Medical Center	687-1222
Mark Wilcox Center	291-5355
Mothers Against Methamphetamines	519-0000
MADD- Mothers against Drunk Driving	285-8478
Narcotics Anonymous Helpline	683-0630
New Life Ministry	682-7842
Project Next Stop	533-2321
PRIDE Partnership of Polk County	294-1853
Tri County Human Services	709-9392
• Bartow (Detox)	533-4139
• Highland City	701-7373
• Lakeland (education)	665 5599
• Winter Haven	299-4357

### Residential- Central Florida Area

AGAPE House (Winter Haven)	863 299-7003
Center for Drug Free Living	407 425-8111
Adolescent- Orlando	407 521-2495
Women-Orlando	407 297-2010
Winter Haven Center for Psychiatry	800 723-3248
Florida Center for Addictions & Dual Diagnosis (Avon Park)	863 452-3858
House of Freedom Inc. (Kissimmee)	407 846-1152
La Amistad Behavioral Health Services (Maitland)	407 647-0660
New Horizon (Mulberry)	863 428-1520
Operation Par-Academy for Behavioral Change (St Pete, FL) 1	888 727-6398
Osceola Counseling Center for Drug Free Living	407 846-5285
RASUW Center for Women (Winter Haven)	863 533 5860
Teen Challenge (Christian-Based) (Lakeland)	863 647-1944
Teen Challenge (Residential Male- Bonifay/Female- Deland)	407 622-5200
The Bridge (Auburndale)	863 965-6308

### **CHILD CARE**

Early Learning Coalition	577-2450
Child Development Center of Polk County	683-6504
Child Find	534 0946
Head Start	
• Eloise	291-5316
• Lakeland	853-6027

### **CLOTHING, FINANCIAL AID, FOOD & UTILITIES**

AGAPE Food Bank	665-7074
Angel Food Ministries	
• Acts Ministries, Inc. (Winter Haven)	512-0762
• Breath of Life Christian Center (Kissimmee)	407 344-2522
• Davenport United Methodist Church (Davenport)	422-3568
• First Baptist Church of Eagle Lake (Eagle Lake)	534-1195

• New Beginnings World Wide Outreach Ministries (HC)	422-0107
• Ridge Assembly of God (Davenport)	420-7000
• Word Alive Ministries (Lakeland)	802-9673
• World of Life Christian Center (Bartow)	533-0007
Auburndale Relief Association	967-9711
Catholic Charities of Central Florida	
• Lakeland	686-7153
• Winter Haven	299-7983
Children's Clothes Closet	683-2086
Church Service Center	533-5822
Department of Children and Families	866 762-2237
(Access Florida- WAGES, Food Stamps, Medicaid)	
Family Emergency Service Center	294-1939
Farm Workers	967-9583
Frostproof Care Center	863 635-5555
HEARTH Program	534-0801
Help of Fort Meade	285-6600
HOPE Center	683-8182
Hunger Hotline	1 800 329-3663
Lake Wales Center	863 676 1949
Lake Wales Care Center	863 676-6678
Lakeland Vineyard Christian Fellowship	647 9706
Lighthouse Ministries	687-3705
Mulberry Community Service Center	425 1523
Polk County Social Services	534-5387
Polk Opportunity Council (Bartow)	533-0015
Salvation Army	
• Lakeland	682-8179
• Winter Haven	291-5107
• Haines City	422-9640
SHARE Program	1 800 536-3379
Social Security Administration	1 800 772-1213
St. Ann's Catholic Church	863 422-4370
Talbot House Ministries	687-8475
Women, Infants and Children (WIC)	519 7542
The Outreach Center	665 7700

### **DISABILITY SERVICES**

Agency for Persons with Disability	413 3360
Center for Independent Living	413-2722
Department of Children and Families (Developmental Disabilities)	619-4236
Disabilities & Religion Project of FL, Inc.	682-2578
Disabilities Information & Referral	850 488-0059
Epilepsy Services of West Central FL, Inc.	686-5880
Goodwill Industries- Adult Day Training	701-1351
March of Dimes Birth Defects Foundation of Polk County	687-8909
Polk County Association for Handicapped Citizens, Inc.	665-3846
Polk County School Board (ESE)	534-0930

Polk County Schools ESE Transitional Program	534-0922
Polk County Special Olympics	534-0955
Polk Training Center for Handicapped Citizens, Inc.	956-1620
School to Work Vocational Rehabilitation Program	680-5534
Social Security Administration	
• Lakeland	683-0611
• Winter Haven	293-2782
Special Needs Shelter Registration/Info	534-5600
Sunrise Community of Polk County	680-2817
TLC Retirement Residence	688-1196
Vocational Rehabilitation	
• Lakeland	680-5534
• Winter Haven	291-5280

### **EDUCATION RESOURCES**

Drug Prevention Resource Center	802-0777
Families of Faith	686-7755
Florida Diagnostic and Learning Resource Center	534-0950
Florida Virtual School	407 317-3326
HEARTH Program	534-0801
Home School Office	534-0024
Learning Resource Center	688-9477
Mark Wilcox Center	294-5355
Polk County Home School	534-0024
Polk County School Board (ESE)	534-0930
Polk Virtual School	534-7214
Teen Parent Program, Polk County Schools	
• Lakeland	499 2963
• Ridge Tech Center	419 3060

### **ELDERLY SERVICES**

Action Health Care & Staffing, Inc.	680-2273
Amedisys Home Health Care	297-1873
American Association for Retired Persons	666-1908
Bartow Multi Purpose Center- Elderly Services	534-0393
Bay Area Behavioral Health Division	297-1702
Care Givers Home Health Services	
• Dundee	863 439-8215
• Lakeland	863 683-5574
Cornerstone Hospice	421-1482
Department of Children and Families (Adult Services)	534-0845
Evercare	813 818-3253
Experience Works	967-9631
Florida Baptist Adult Group Home	800 962-2873
Good Shepherd Hospice	297-1880
Independent Home Health Service	665-8866
Interim Healthcare Inc.-Homemaker Assistance	619-8822

Lakeland Multi Purpose Center- Elderly Services	499-2606
Lake Morton Senior Center	687-2988
Neighborhood Service Center	294-5860
Polk County Elderly Services	534-5320
Seniors vs. Crime	413-3000
Retired Senior Volunteer Program	534-6729
Veterans Services	683-5627 X 140
Volunteers in Service to the Elderly	284-0828
West Central Florida Agency on Aging	800 336-2226

## **EMPLOYMENT & JOB TRAINING**

### GED/ Career Training

East Area Adult School	965-5475
Farmworker Jobs & Education	291-5713
Job Corp	508-1100 X 307
Life Skills Center	683-6279
• Lakeland	683-6279
• Winter Haven	439-2242
Luster All Vocational Training School	533-2359
Polk Works Young Leaders	
• Haines City	863 421-9346
• Lakeland	688-6162
• Winter Haven	508-1589
Ridge Career Center	419-3060
Travis Career Center	499-2700
West Area Adult School	499-2835
Youth Build	687-2911

### Employment

Displaced Homemakers Program	683-5627 X 116
Polk Works One Stop Center	
• Lakeland	683-5627
• Winter Haven	508-1100

## **HEALTH SERVICES**

### Dental

Lakeland Volunteers in Medicine	688-5846
Polk County Health Department Dental Clinics	
• Auburndale	965-5400
• Bartow	534-7258
• Lakeland	413-2620
Traviss Career Center	499-2700

### Health Care & Medications

Florida KidCare	1-888-540-5437
Florida Medicaid	1-800-226-2316
Healthy Kids Corporation	534-5313 or 1 888 352-5437
MEDNET- Prescription Assistance Services	519-2042
MomCare Program (Healthy Start)	297-4481
Polk Health Care Plan	533-1111
Tri County Pharmacy	937-0480

### Medical

Central Florida Health Care, Inc.	
• Dundee	863 419-3330
• Frostproof Clinic	863 635-4891
• Lakeland	863 413-8600
Children's Medical Services	701-1151
Haley Center Faith Based Care	294-0985
Healthy Community Access Program	534-5640
Lakeland Volunteers in Medicine	688-5846
Polk County Health Department	
• Auburndale	965-5400
• Bartow	519-7916
• Haines City	421-3204
• Lake Wales	678-4131
• Lakeland	413-2620

### Vision & Hearing

All Children's Specialty Care of Lakeland	802-6600
Central Florida Speech and Hearing	686-3189
Central Florida Deaf Services	686-1221 X 239
Deaf Service Center of Polk County	701-0544
Deaf Program of Tampa Bay Academy	813 677-2502
Florida Division of Blind Services	499-2385
Florida School for the Deaf and Blind	1 800 344 3732
Florida Vision Quest	499-2821
Our Children's Rehab Services Center	294-1429
Pediatric Therapy Services, Inc.	802-3800
Tampa Lighthouse for the Blind	813 251 2407
Traviss Career Center	499-2700 X 268

## **HOUSING**

### Emergency Housing (Shelter)

Lighthouse Ministries	
• Men	687-3705
• Women and Children	687-4076
Talbot House Ministries	687-8475
Salvation Army	

• Lakeland	682-8179
• Winter Haven	291-5109
Women's Care Center	534-3844

### Housing Assistance

City of Lakeland Housing Division	834-3360
Habitat for Humanity	
• Lakeland	688 4660
• Winter Haven	292-2256
Hearth Program	534 0801
Homeless Coalition of Polk County	687-8386
Housing Authority	
• Bartow	533-6311
• Haines City	421-3680
• Lake Wales	676-7414
• Lakeland	687-2911
• Winter Haven	294-7369
Housing & Neighborhood Development	534-5240
Lake Wales Center	676 1949
Section 8 Housing	534-5240
Winter Haven Community Development	291-5895

### **JUVENILE JUSTICE**

Bay Area Youth Services	667 4701
Florida Department of Juvenile Justice Probation	534-7175
Juvenile Assessment Center	519-3655
Juvenile Detention Center	534-7020
Public Defenders Office	534-4200
Polk County Sherriff's STAR One Day Boot Camp	519-3995
State Attorney's Office	
• Juvenile Division	534-4904
Teen Court	534-4656
TIP Program (Lakeland Police Department)	413-2051
Youth and Family Alternatives	499-2430

### **LEGAL SERVICES**

Child Support Enforcement Program	284-4410
Department of Revenue (Child Support)	1 800 622-5437
Domestic Violence Program- Injunction for Protection	534-4180
Florida Rural Legal Services	688-7376
Florida Four Legged Advocates	293-4007
Heart of Florida Legal Aid Society (Divorce)	519-5663
Polk County Clerk of the Court	534-4698
• ADAPT- Abolish Domestic Violence Alternatives and Prevention Techniques	
• Dependency Mediation	
• Family Mediation	



<ul style="list-style-type: none"> <li>• Positive Co-Parenting</li> </ul>	1 800 772-1213
Social Security Administration	683-0611
<ul style="list-style-type: none"> <li>• Lakeland</li> </ul>	534-4800
Victim's Assistance Office	

### **MENTAL HEALTH**

Central Florida Human Services Center	682-8111
Lakeland Regional Medical Center for Counseling	687-1222
Mid Florida Center for Counseling	533-2321
National Alliance on Mental Illness of Polk County (NAMI)	413-2788
Park Place	407 846-0023
Peace River Center	
<ul style="list-style-type: none"> <li>• Bartow</li> </ul>	519-3750
<ul style="list-style-type: none"> <li>• Lakeland</li> </ul>	248-3300
Project Next Stop	533-2321
SEDNET	534-0934
Winter Haven Hospital Behavioral Health Division	294-7062
Wisdom for Living, Inc.	603-0350

### **Crisis**

Peace River Crisis Hotline	519-3744
Suicide Hotline	1 800-SUICIDE

### **Bereavement/Grief**

Bethany Center	802-0456
Cornerstone Hospice	291-5567
Good Shepherd Hospice	297-1880
Innovations in Counseling	294-8845
Life Path Hospice	682-0027

### **MENTORING**

Big Brothers/Big Sisters	682-5191
Boys and Girls Club	
<ul style="list-style-type: none"> <li>• Lakeland</li> </ul>	686-1719
<ul style="list-style-type: none"> <li>• Winter Haven</li> </ul>	967-1532
Boys Scouts of America	533-2775
City of Lakeland Parks & Recreation	834-6035
Girls Inc.	
<ul style="list-style-type: none"> <li>• Lakeland (W. Highland)</li> </ul>	682-3002
<ul style="list-style-type: none"> <li>• Lakeland (MLK Ave)</li> </ul>	688-7671
<ul style="list-style-type: none"> <li>• Winter Haven</li> </ul>	967-2864
Girls Scouts of America	688-7648
Gulf Coast Community Care	904-3000
Parks and Recreation Department	534-4341
Police Activities League	834-8970

YMCA

• North Lakeland	859-7769
• South Lakeland	644-3528
• Lake Wales	676-9441
• Winter Haven	292-0922
4 H of Polk County	519-8677

**MIGRANT SERVICES**

Agricultural & Labor Program (ALPI)	956-3491
Centro Campesino	967-9583
East Coast Migrant Head Start Project	299-7100
Farmworker Jobs & Education	291-5713
Florida Department of Labor	291-5292
Immigration Services	800 375-5283
Migrant Education	534-0655
Redlands Christian Migrant Associations	813 967-0223
Social Security Administration	800 772-1213
• Lakeland	683-0611

**PREGNANCY/ PARENTING EDUCATION**

Prenatal Care/Education

Catholic Charities of Central Florida	
• Lakeland	686 7153
• Winter Haven	299-7983
Central Florida Health Care	635-4891
Exodus Women's Center	1 800 780-2229
Healthy Start	
• Auburndale	965 3739
• Bartow	534 7142
• Lake Wales	678 4000
• Lakeland	413 2620
• Haines City	421 3210
Healthy Start Coalition of Hardee, Highlands and Polk Counties	297-3043
Lakeland Parents of Multiples	648-5533
Lakeland Regional Medical Center	687-1100
March of Dimes	687-8909
New Creation Pregnancy Center	683-2341
Planned Parenthood	665-5735
Pregnancy Health Center	682-5763
Polk County Health Department	
• Auburndale	965-5400
• Bartow	519-7916
• Haines City	421-3214
• Lake Wales	678-4131
• Lakeland	413-2620
• Winter Haven OB/GYN Clinic	291-5220/5217

Regency Medical Center	294-7010
Teen Parent Program, Polk County Schools	
• Lakeland	499 2963
• Ridge Tech Center	419 3060

### Breast Feeding Support

Healthy Start	
• Auburndale	965 3739
• Bartow	534 7142
• Lake Wales	678 4000
• Lakeland	413 2620
• Haines City	421 3210
La Leche League of Lakeland	680-1118
Lakeland Regional Medical Center	687-1100
Regency Medical Center	294-7068
Women, Infants & Children (WIC)	
• Auburndale	965 5452
• Bartow	519 7542
• Haines City	419 3250
• Lake Wales	678 4013
• Lakeland	413 2638

### Parenting

Alternative Behavioral Concepts	551-3300
Devereux Early Childhood Assessment Program	519-8900 X 223
Family Fundamentals	686-1221
Healthy Families Polk	603 6461
Go Grandma Go	644-8239
Gulf Coast Community Care	904-3000
Peace River Center	
• Bartow	519-3750
• Lakeland	248-3300
Positive Co-Parenting	534-4698
Winter Haven Behavioral Health	291-3611
Youth and Family Alternatives	499-2430

### **RESOURCES**

Department of Children and Families Abuse Hotline	1 800 96ABUSE
Family Fundamentals	686-1221
Healthy Communities Access Program	534 5640
Heartland for Children	519-8900
One Today Polk	397 9286
United Way	648-1500

### **SUPPORT GROUPS**

A Differently Abled National Alliance for Mentally Ill	686-1221 X 221
Aids Support Group	291-3737 or 678-1106
Alzheimer's Support Groups	294-3144 or 299-1064
Alliance for the Mentally Ill	667-2068
Amputee Support Group	293-1121 X 1171
Aphasia Support Group	293-1121 X 2726
Bounce- When life gets you down- bounce back	409-5049
Brain Injury Support Group	293-1121
Breast Feeding Class	687-1100 X 2097
Breathe Better with Support	965-5400
Cancer Support Group	291-6705
Diabetes Information and Support Group	676-1433 X 4166 or 284-1604
Domestic Violence Support Group	294-5318
Eating Healthy for Life	676-1433 X 4166
Epilepsy Support Group	686-5880
Family & Caregivers Support Group	
• Lakeland	294-7056 X 3673
• Lake Wales	676-1433 X 4166
Fibromyalgia Support Group	299-5170, 676-1433 X 4166
First Months Club for Parents	294-7020
First Steps Club for Parents	294-7020
Grief Support Group	297-1877
Go Grandma Go	644-8239
Heads Up- Keeping Parents in the Loop	409-5049
Lifelink Donor Awareness & Support Group	324-3186
Lupus Information and Support Group	956-3904
Man to Man Prostate Cancer Support Group	291-6705
National Alliance on Mental Illness of Polk County	413-2788
Newborn Care Class	687-1100 X 2097
Ostomy Club	293-1121 X 1511
Parent Support Group (Foster Parent Association)	686-1222 X 221
Parental Encouragement for Autistic Children Everywhere	686-1221 X 221
Parkinson's Support Group	297-1706
Perinatal Bereavement	325-9742 or 294-7044
Prepared Childbirth Weekday Course	687-1100 X 2097
Pulmonary Rehab Support Group & Class	284-1985
Rape Crisis Support Group	299-5025
Stroke Support Group	297-1807
Support Group for the Blind	293-6429
Teen Prenatal Classes	687-1100 X 2097
Thyroid Interest Group	357-7238
Woman to Woman (Breast Cancer Support Group)	291-6705

### Support Group Resources

Family Fundamentals	686-1221
Lakeland Regional Medical Center	687-1100
Peace River Center	519-0575
Winter Haven Hospital Behavioral Health Division	293-1121

Winter Haven Hospital 293-1121

### **TRANSPORTATION**

Citrus Cars 508-1100 X 342  
Citrus Connection  
• Handy Bus (Lakeland) 688 5438  
• Polk County Transit Services 688-7433  
Department of Motor Vehicles 499-2323  
Florida Medicaid 1-800-226-2316  
Polk County Human Services (Medicaid) 534-5200  
Polk County Transit Services 534-5500

### **YOUTH SERVICES**

#### Day Treatment/Alternate Schooling

Adult Schools  
• East Area 965-5475  
• West Area 499-2835  
Associates Marine Institutes (AMI Lakeland) 682-7600  
Bill Duncan Excel Center 499-2860  
Don Woods Excel Center 421-3325  
Career Centers  
• Ridge 419-3060  
• Traviss 499-2706  
Foundation Charter School 682-8111  
Fresh Start  
• Davenport 419-3486  
• Lakeland 668-3048  
Gateway to College High School (Lakeland) 669-2322  
New Beginnings High School 298-5666  
PACE School for Girls 688-5596  
PACE Program 967-7596  
Polk Acceleration Academy  
• Bartow 255-7217  
• Lake Wales 255-1080  
• North Lakeland 940-9557  
• South Lakeland 499-2700 X 248  
• Winter Haven 419-3060 X 4999  
Polk County Sherriff's STAR One Day Boot Camp 519-3995  
Teen Parent Program, Polk County Schools  
• Lakeland 499 2963  
• Ridge Tech Center 419 3060

#### Residential/Shelter

Anchor House Ministries 665-1916

Family Health Line	1 800 451-2229
Florida Baptist Children Homes	698-8811
Florida Sherriff's Youth Ranch	533-7557
George Harris Youth Shelter	595-0220
New Horizons	428-1520
Polk County Sherriff's STAR Boot Camp (court order)	519-3995
Tampa Bay Academy	813 677-6700
University Behavioral Center (Orlando)	407 281-7000